









MAY 2008
MONDAY

APS ELEMENTARY ALLERGY MENU
TUESDAY WEDNESDAY THURSDAY

FRIDAY

For students with food allergies, this menu lists the most common food allergens contained in products served in APS meals.

D – Dairy/milk E – Egg F – Fish P – Peanut S – Soy T – Tree nuts W – Wheat/Gluten * red chile W
Toast w/ margarine – D, W Peanut Butter & Jelly Pocket - P
Ranch Dressing – E, D Chef Salad = w/cheese – D, w/Egg – E, w/crackers – W

 <p>MEALS CAN BE PREPAID AT "mylunchmoney.com"</p>	<p>*Chips: Cheetos: D Hot Cheetos: D Doritos: D, W Fantasticks: D</p>	<p>* On days that denote Mangers Choice, please call school for detailed information.</p>	<p>1 Rise & Shine Bread D, E, W Breaded Beef Patty E, S, W Mashed Potato D Gravy W Dinner Roll D, W Fruited Jell-O Milk</p>	<p>2 Maple Turkey Corndog D, E, S, W Max Sticks D, S, W w/Dipping Sauce Green Salad w/Dressing D, E Apple Birthday Cake D, E, S, W  Milk</p>
<p>5 Nutri-Donut D, E, W Beef Tacos D, S w/Salsa Shredded Lettuce Spanish Rice S Diced Peaches Milk</p>	<p>6 Egg Sandwich D, E, W Cheeseburger D, S, W Lettuce & Pickles Oven Fries Diced Peaches Mustard & Catsup Milk</p>	<p>7 Fruit Turnover E, W Bean & Cheese Burrito D, S, W Salsa Corn Seasonal Fruit Milk</p>	<p>8 Cheese Quesadilla D, W Spaghetti w/Meat Sauce S, W Bread Stick D, W Salad w/Dressing D, E Petite Banana Milk</p>	<p>9 French Toast D, E, S, W w/Syrup Tony's Pepperoni OR Cheese Pizza D, S, W Crunchy Veggies w/Dip D, E Mixed Fruit Cup  Milk</p>
<p>12 Honey Bun D, E, W Chicken Nugget or Baked Chicken D, E, S, W Oven Fries Dinner Roll D, W Granny Apple Catsup Milk</p>	<p>13 Breakfast Burrito D, E, W French Toast Stix D, E, S, W w/ Syrup Sausage Patty Potato Wedge Orange Juice Catsup  Milk</p>	<p>14 Egg & Toast D, E, W APS Hoagie D, W Mustard Pkt Lettuce & Pickles Baby Carrots W/dressing D, E Seasonal Fruit Chips * Milk</p>	<p>15 Pancakes D, E, S, W w/Syrup Chicken Patty D, E, S, W Mashed Potatoes D Gravy W Dinner Roll D, W Apple 1/2 Milk</p>	<p>16 Cheese Sandwich D, W Max Stuffed Crust Pepperoni OR Cheese Pizza D, S, W Salad w/Dressing D, E Apricot Cobbler or Crisp W  Milk</p>
<p>19 French Toast D, E, S, W w/Syrup *Manager's Choice or Nachos Supreme D, S Salsa Spanish Rice S Fruit Cup Milk</p>	<p>20 Sausage Sandwich D, S, W *Manager's Choice or Chicken Drumstick E, S, W Dinner Roll D, W Green Beans Cinnamon Apple Slices Milk</p>	<p>21 Pancakes D, E, S, W w/Syrup *Manager's Choice or Turkey Ham Sandwich D, W Mustard Pkt Veggies w/Dip D, E Fruit / Chips * Milk SNOW MAKE-UP DAY</p>	<p>22 Cheese Omelet D, E w/Tortilla W Cheese Enchiladas w/Red Chile W Shredded Lettuce Spanish Rice S / Pinto Beans Fruit Milk</p>	<p>23 Cinnamon Roll D, E, W Max Stuffed Crust Pepperoni OR Cheese Pizza D, S, W Salad w/Dressing D, E Fruited Jello Milk </p>
<p>26 MEMORIAL DAY NO SCHOOL</p>	<p>27 Breakfast Burrito D, E, W Chicken Nuggets D, E, S, W BBQ Sauce Oven Fries Biscuit D, S, W Frozen Juice Bar Catsup Milk</p>	<p>28 Breakfast Sausage Pizza D, S, W  Corn Dogs D, E, S, W w/Mustard Veggie Beans Pickle Spear Seasonal Fruit Milk</p>	<p>29 Egg Sandwich D, E, W Corn Chip Pie D, S, W Salad w/Dressing D, E Applesauce Cinnamon Twist D, E, W Milk</p>	<p>30 Belgium Waffle D, E, S, W w/Syrup Tony's Pizzeria Pepperoni OR Cheese Pizza D, S, W Crunchy Veggies w/Dip D, E Fruit Cup  Milk</p>

