

JUNE 2008

MONDAY

TUESDAY

APS ALLERGY MENU

WEDNESDAY

THURSDAY






FRIDAY

For students with food allergies, this menu lists the most common food allergens contained in products served in APS meals.

D – Dairy/milk E – Egg F – Fish P – Peanut S – Soy T – Tree nuts W – Wheat/Gluten * red chile W

Toast w/ margarine – D, W Peanut Butter & Jelly Pocket - P

Ranch Dressing – E, D Chef Salad = w/cheese – D, w/Egg – E, w/crackers – W

<p>2 <i>Mini Pancakes</i> D, E, S, W w/Syrup</p> <p>Macaroni & Cheese D, W Dinner Roll D, W Green Crunchy Veggies w/Dip D, E Diced Peaches Milk</p>	<p>3 <i>Scrambled Egg & Toast</i> D, W</p> <p>Beef Taco D, S Salsa Shredded Lettuce Spanish Rice S Mixed Fruit Cup Milk</p>	<p>4 <i>Bagel w/Ham & Cheese</i> W, D</p> <p>Grilled Turkey Ham & Cheese Sandwich D, W Pickle Spear Carrot Sticks w/Dip D, E Chips * Applesauce Milk</p>	<p>5 <i>Rise & Shine Bread</i> D, E, W</p> <p>Breaded Beef Patty E, S, W Mashed Potatoes D w/Gravy W Dinner Roll D, W Fruited Jell-O Milk</p>	<p>6 <i>Maple Turkey Corn Dog</i> D, E, S, W</p> <p>Max Sticks D, S, W w/Dipping Sauce Green Salad w/Dressing D, E Seasonal Fruit Birthday Cake D, E, S, W Milk</p>
<p>9 <i>Nutri-Donut</i> D, E, W</p> <p>Baked Ham w/Potatoes Au Gratin D, S Dinner Roll D, W  Green Beans Fresh Fruit Milk</p>	<p>10 <i>English Muffin</i> W w/Egg E</p> <p>Cheeseburger D, S, W Lettuce & Pickles Oven Fries Diced Pears Mustard & Catsup Milk</p>	<p>11 <i>Fruit Turnover</i> E, W</p> <p>Potato & Beef Burrito D, S, W Salsa Corn Petite Banana Milk</p>	<p>12 <i>Cheese Quesadilla</i> D, W</p> <p>Baja Fish Sticks D, F, W w/Salsa Breadstick D, W Salad w/Dressing D, E Mixed Fruit Cup Milk</p>	<p>13 <i>French Toast</i> D, E, S, W w/Syrup</p> <p>Tony's Pepperoni D, S, W  OR Cheese Pizza D, S, W Crunchy Veggies w/Dip D, E Seasonal Fruit Milk</p>
<p>16 <i>Honey Bun</i> D, E, W</p> <p>BBQ Pork on a Bun D, W Oven Fries Pickle Spear Granny Apple Catsup Milk</p>	<p>17 <i>Breakfast Burrito</i> D, E, W</p> <p>French Toast Stix D, E, S, W w/Syrup Sausage Patty D, S, W  Potato Wedge Orange Juice Catsup Milk</p>	<p>18 <i>Bagel</i> W w/Egg & Cheese D, E</p> <p>APS Hoagie D, W Mustard Packet Lettuce & Pickles Baby Carrots w/Dressing D, E Seasonal Fruit Chips * Milk</p>	<p>19 <i>Blueberry Pancakes</i> D, E, S, W w/Syrup</p> <p>Cheese Enchiladas w/Red Chile D, W Shredded Lettuce Spanish Rice S Pinto Beans Fruit Milk</p>	<p>20 <i>Biscuit w/Cheese</i> D, S, W</p> <p>Max Stuffed Crust Pepperoni D, S, W  OR Cheese Pizza D, S, W Salad w/Dressing D, E Apple Oatmeal Cookie E, W Milk</p>
<p>23 <i>Strawberry & Banana</i> <i>French Toast</i> D, E, S, W</p> <p>Nachos Supreme D, S Salsa Spanish Rice S Fruit Cup Milk</p>	<p>24 <i>English Muffin</i> W w/Sausage S</p> <p>Beef Teriyaki Bites S, W Oriental Rice S, W Mixed Vegetables Dinner Roll D, W Pineapple Milk</p>	<p>25 <i>Maple Pancakes</i> D, E, S, W</p> <p>Turkey Sandwich D, W w/Chips* Mustard Packet Crunchy Veggies w/Dip D, E Seasonal Fruit Milk</p>	<p>26 <i>Cheese Omelet</i> D, E w/Tortilla W</p> <p>Chicken Nuggets D, E, S, W Mashed Potatoes D w/Gravy W Dinner Roll D, W Apple Milk</p>	<p>27 <i>Cinnamon Roll</i> D, E, W</p> <p>Max Stix D, S, W w/Dipping Sauce Green Salad w/Dressing D, E Fruited Jell-O Milk</p>
<p>30 <i>Cheese toast</i> D, W</p> <p>Ravioli D, S, W Breadstick D, W Green Beans Applesauce Cup Milk</p>	<p>*Chips: Cheetos: D Hot Cheetos: D Doritos: D, W Fantasticks: D</p> <p style="text-align: center;">JUNE IS NATIONAL DAIRY MONTH. GET YOUR THREE A DAY!</p> <p style="text-align: right;"> ∴ MENU ITEM CONTAINS PORK. PEPPERONI PIZZA CONTAINS PORK.</p>			