

Albuquerque Public Schools – Secondary Menu

APRIL 2008

AVAILABLE FOR BREAKFAST DAILY	AVAILABLE FOR LUNCH DAILY	UPCOMING EVENTS:			
Breakfast Burrito D, E, W * Hot or Cold Cereal W & Toast W w/ Jelly Fruit or Juice Milk – 1%, 2% & Flavored Offered at Breakfast and Lunch	Hamburger S, W or Cheeseburger D, S, W Pizza or Burrito D, S, W Turkey/Provolone Hoagie D, W w/ Chips * Chicken Sandwich (Spicy or Reg.) E, S, W Chef's Salad * Steak Fries or Potato Pattie <i>Condiments Available:</i> Ketchup, Mayo, Mustard, Dressing, Red or Green Chili, Lettuce & Pickle	For students with food allergies, this menu lists the most common food allergens contained in Products served in APS meals. D – Daily/milk E – Egg F – Fish P - Peanut S – Soy T – Tree nuts W - Wheat/Gluten Toast w/Margarine - D, W Peanut Butter & Jelly Pocket – P Ranch Dressing – E, D Breakfast Break = Cereal*, Animal Crackers, Juice – W * Honey Nut Cheerios – T *Chef Salad = w/cheese – D, w/Egg – E, w/crackers - W * Chips: Cheetos: D Hot Cheetos: D Doritos: D, W Fantastics: D			
	1 Tuesday	2 Wednesday	3 Thursday	4 Friday	
	Breakfast Eng. Muffin W Ham or Sausage S, Egg & Cheese D, E Main Event Grilled Ham & Cheese D, W w/ Chips* Chicken Noodle Soup D, E,S,W Fruited Jello Fresh Apple	Breakfast Scrambled Egg, Sausage / Toast D, W Main Event Bean & Cheese Burrito D, S, W Crunchy Veggies w/ Dip D, E Fresh Fruit Carnival Cookie E, W	Breakfast Cheese & Chili Quesadilla D, W Main Event Spaghetti & Meat Sauce S, W Garden Salad w/ Dressing D, W Bread Stick D, W Fruit Cup Chocolate Chip Cookie E, W	Breakfast French Toast D, E,S,W w/ syrup Main Event Green Chili Cheeseburger D, S, W Veggie Sticks w/ Dressing D, E Frozen Juice Bar Birthday Cake D, E, S, W	
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday	
Honey Bun D, E, S, W Main Event Sloppy Joe on Bun D, W Green Beans Cheesy Rice D Cinnamon Apple Cobbler W	Breakfast Scrambled Egg E, Sausage S /Toast D, W Main Event Calzone D, S, W Garden Salad w/ Dressing D, E Fruited Jello D, E Oatmeal Cookie E, W	Breakfast Bagel w/ Egg, & Cheese D, E, W Main Event Chili Dog / Bun W Crunchy Veggies w/ Dip D, E Cinnamon Roll D, E, W Orange Wedges	Breakfast Eng. Muffin W w/Ham or Sausage S, Egg E Main Event Enchiladas D, W Garden Salad w/ Dressing D, E Pinto Beans Corn Bread D,E,W Diced Pears	Breakfast Cinnamon Twist D, E, W Main Event Green Chili Tortilla Burger D, S, W Garden Salad w/ Dressing D, E Seasonal Fruit Yellow Cake D, E, S, W	
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday	
Breakfast Rise & Shine Bread D, E, W Main Event Nacho Supreme D, S Pinto Beans Cinnamon Twist D,E, W	Breakfast Eng. Muffin W Ham or Sausage S, Egg E Main Event Beef Teriyaki Strips S, W Oriental Rice S, W Mixed Vegetables	Breakfast Maple Pancakes D, E, S, W Main Event Chicken Tenders D, E, S, W w/ BBQ Sauce Carrot Sticks w/ Dip D, E	Breakfast Cheese Omelet D w/Tortilla W Main Event Chicken Patty D, E, S, W Mashed Potato D w/ Gravy W Dinner Roll D, W	Breakfast Cinnamon Twist D, E, W Main Event Baked Ham w/ Au Gratin Potatoes D, S Garden Salad w/ Dressing D, E	

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Applesauce	Pineapple Tidbits Brownie E, W	Dinner Roll D, W Seasonal Fruit	Garden Salad w/ Dressing D, E Rosy Applesauce	Dinner Roll D, W Sugar Cookie E, W
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
Breakfast Otis Muffin D, E, W	Breakfast Cheese & Chili Quesadilla D, W	Breakfast Biscuit w/ Egg, Ham or Sausage & Cheese D, E, S, W	Breakfast French Toast Stix D, E, S, W w/ syrup	Breakfast Belgium Waffles D, E, S, W w/ Syrup
Main Event	Main Event	Main Event	Main Event	Main Event
Ravioli D, S, W Garden Salad w/dressing D, E Diced Peaches Dinner Roll D, W	Chicken Nuggets D, E, S, W w/ BBQ Sauce Corn Diced Pears Biscuit D, S, W Chocolate Cake D, E, S, W	Corn Dog D, E, S, W Vegetarian Beans Seasonal Fruit Chocolate Chip Cookies E, W	Corn Chip Pie D, S Garden Salad w/ Dressing D, E Applesauce Cinnamon Twist D, E, W	Chicken Patty D, E, S, W Mashed Potato D w/ Gravy W Garden Salad w/ Dressing D, E Dinner Roll D, W Seasonal Fruit
28 Monday	29 Tuesday	30 Wednesday		
Breakfast				
Biscuit w/ Egg, Ham or Sausage S & Cheese D, E, S, W	English Muffin Ham or Sausage S, Egg & Cheese D, E, W	Biscuit D, S, W & Gravy W		
Main Event				
Mac & Cheese D, W Crunchy Veggies w/ Dip D, E Dinner Roll D, W Mixed Fruit	Tacos (Hard/Soft or Salad) D, S Spanish Rice S Pinto Beans Sugar Cookie E, W Chilled Pears	Max Stix D, E, S, W w/ Marinara Sauce Garden Salad w/ Dressing D, E Seasonal Fruit Yellow Cake w/Icing D, E, S, W		