

Albuquerque Public Schools – Secondary Menu

APRIL 2008

AVAILABLE FOR BREAKFAST DAILY	AVAILABLE FOR LUNCH DAILY	UPCOMING EVENTS:	
<p>Breakfast Burrito 40 Hot or Cold Cereal 20 & Toast 30 w/ Jelly 5 Fruit or Juice 18</p> <p>Milk – 1%, 2% & Flavored Offered at Breakfast and Lunch</p>	<p>Hamburger or Cheeseburger 35 Pizza 44 or Burrito 48 Turkey/Provolone Hoagie 35 w/ Chips*</p> <p>Chicken Sandwich (Spicy or Reg.) 45 Chef's Salad 20 Steak Fries or Potato Pattie 25</p> <p><i>Condiments Available:</i> Ketchup, Mayo, Mustard, Dressing, Red or Green Chili, Lettuce & Pickle</p>	<p>CHO Count Menu: Syrup (1oz): 30g White Milk: 13 g Chocolate Milk: 25g Strawberry Milk: 30g Root Beer Milk: 27g Salsa 2 oz: 4g Cereal: 20g</p> <p>* Chips: Cheetos 19 Hot Cheetos 19 Doritos 21 Fantasticks 19</p> <p>All side dishes are ½ cup servings</p>	<p>Juice 6 oz: 18g Chef Salad: 20g Sausage Calzone: 48g Pepperoni Calzone: 42g Cheese & Crackers: 15g Grilled Cheese Sandwich: 25g Jelly: 5g 1 oz Toast: 11g 2 oz Toast: 30g</p>

	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
	Breakfast	Breakfast	Breakfast	Breakfast
	Eng. Muffin Ham or Sausage, Egg & Cheese 26	Scrambled Egg, Sausage / Toast 30	Cheese & Chili Quesadilla 35	French Toast 30 w/ syrup 30
	Main Event	Main Event	Main Event	Main Event
	Grilled Ham & Cheese 30 w/ Chips* Chicken Noodle Soup 12 Fruited Jello 25 Fresh Apple 21	Bean & Cheese Burrito 48 Crunchy Veggies w/ Dip 5 Fresh Fruit 15 Carnival Cookie 18	Spaghetti & Meat Sauce 55 Garden Salad w/ Dressing 4 Bread Stick 18 Fruit Cup 18 Chocolate Chip Cookie 18	Green Chili Cheeseburger 35 Veggie Sticks w/ Dressing 5 Frozen Juice Bar 15 Birthday Cake 30
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
	Breakfast	Breakfast	Breakfast	Breakfast
	Honey Bun 43	Bagel w/ Egg, & Cheese 35	Eng. Muffin w/Ham or Sausage, Egg 26	Cinnamon Twist 50
	Main Event	Main Event	Main Event	Main Event
	Sloppy Joe on Bun 40 Green Beans 3 Cheesy Rice 17 Cinnamon Apple Cobbler 30	Chili Dog / Bun 25 Crunchy Veggies w/ Dip 5 Cinnamon Roll 55 Orange Wedges 18	Enchiladas 34 Garden Salad w/ Dressing 4 Pinto Beans 22 & Corn Bread 26 Diced Pears 18	Green Chili Tortilla Burger 36 Garden Salad w/ Dressing 4 Seasonal Fruit 15 Yellow Cake 30
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
	Breakfast	Breakfast	Breakfast	Breakfast
	Rise & Shine Bread 30	Maple Pancakes 37	Cheese Omelet 2 w/Tortilla 21	Cinnamon Twist 50
	Main Event	Main Event	Main Event	Main Event

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Nacho Supreme 36 Pinto Beans 22 Cinnamon Twist 50 Applesauce 25	Beef Teriyaki Strips(4) 2 Oriental Rice 22 Mixed Vegetables 12 Pineapple Tidbits 18 Brownie 33	Chicken Tenders 20w/ BBQ Sauce 5 Carrot Sticks w/ Dip 10 Dinner Roll 18 Seasonal Fruit 15	Chicken Patty 11 Mashed Potato 17 w/ Gravy 5 Dinner Roll 18 Garden Salad w/ Dressing 4 Rosy Applesauce 30	Baked Ham w/ Au Gratin Potatoes 30 Garden Salad w/ Dressing 4 Dinner Roll 18 Sugar Cookie 18
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
Breakfast Otis Muffin 30	Breakfast Cheese & Chili Quesadilla 35	Breakfast Biscuit w/ Egg, Ham or Sausage & Cheese 24	Breakfast French Toast Stix 27 w/ syrup 30	Breakfast Belgium Waffles 26 w/ Syrup 30
Main Event Ravioli 33 Garden Salad 4 Diced Peaches 18 Dinner Roll 18	Main Event Chicken Nuggets 20 w/ BBQ Sauce 5 Corn 16 Diced Pears 18 Biscuit 18 Chocolate Cake 30	Main Event Corn Dog 22 Vegetarian Beans 26 Seasonal Fruit 15 Chocolate Chip Cookies 18	Main Event Corn Chip Pie 40 Garden Salad w/ Dressing 4 Applesauce 25 Cinnamon Twist 50	Main Event Chicken Patty 11 Mashed Potato 17 w/ Gravy 5 Garden Salad w/ Dressing 4 Dinner Roll 18 Seasonal Fruit 15
28 Monday	29 Tuesday	30 Wednesday		
Breakfast Biscuit w/ Egg, Ham or Sausage & Cheese 24	English Muffin Ham or Sausage, Egg & Cheese 26	Biscuit 18 & Gravy 5		
Main Event Mac & Cheese 43 Crunchy Veggies w/ Dip 5 Dinner Roll 18 Mixed Fruit 18	Tacos (Hard/Soft or Salad) 20 Spanish Rice 22 Pinto Beans 22 Sugar Cookie 18 Chilled Pears 18	Max Stix 32 w/ Marinara Sauce 5 Garden Salad w/ Dressing 4 Seasonal Fruit 15 Yellow Cake w/Icing 30		